



## BODY

Lower Leg / Upper Leg	€25
3/4 Leg	€30
Full Leg	€40
Underarm	€15
Arms	€25
Nipples	€10
Holiday Special	€75
Lower Leg, Californian, Underarm and Eyebrows	

## FACE

Lip	€10
Brow shape (wax, thread or tweeze)	€15
Brow shape and Tint	€25
Sides of Face	€15
Chin	€10
Nasal	€10
Full Face	€35

## Q&A<sup>s</sup>

### How long do I need to wait before Waxing?

If you have been shaving, epilating or using a depilatory cream, you should leave 2-3 weeks of growth before waxing.

If you have been waxed, we advise you return to us every 4-6 weeks.

### Which wax do you use?

Here at Polish we use Lycon wax. This elite brand offers a choice of Hot Wax, Strip Wax and Lycon's unique Lycojet waxes. Applied after a unique prewax oil Lycon Hot wax provides a superior finish to your wax. It removes stubborn hairs gently, reducing any discomfort providing a virtually pain-free waxing treatment. Lycojet is the secret weapon when it comes to shorter and velous hairs. applied after the hot wax It eliminates the need to tweeze!

### How Is The Wax Used ?

strip wax is used for some Facial areas, Arms and Legs. An even and thin layer of warm wax is applied using a spatula and removed with a paper or fabric strip.

For Underarm and all Bikini waxing we use hot wax. The wax is applied in a thick layer, left to cool and then peeled off.

### How Long Will it Take?

Treatment times differ but on average an underarm wax should take 15 minutes and a brazilian/hollywood about 45-50 minutes.

If you are a first time waxer or new client we allow extra time so you can relax.

### How long will it last?

Everyone of us have a different hair growth cycle. In general you should be hair free for 7-14 days. A routine of every 4-6 weeks Allows you to achieve the best results and to stay hair free for longer .

The cycle for Facial and underarm hair can be quicker (2-3weeks) as the regrowth is more obvious.

Hair can be at different stages in the growth cycle as a result of shaving, epilating or using depilatory creams and it is impossible to remove all hairs first time, It can take 3-4 appointments before you achieve a perfectly smooth wax. Regular waxing will help your hair get into the same cycle, giving you a longer lasting result and potentially a reduction in overall growth.

### Things To Take Note Of ...

#### Wax Regularly

Over time hair will gradually weaken, growth will return finer and alot of clients experience reduction in growth.

## Exfoliate

Exfoliating regularly is key to preventing in-grown hairs as it allows the hair to grow freely from the follicle.

## After-Care Advice

Hair follicles Remain open after your treatment, so it is important to avoid the following for 24 hours after your wax:

- Excessive perspiration and friction
- Sauna / Steam room
- Hot bath / Shower / Swimming
- UV exposure
- Fake Tan / Body Lotion / Perfume
- Tight clothing

## Retin A or Ro-Accutane

Waxing is not suitable if you have been using Retin A or Ro-Accutane within the last six months.

## Allergies

Some treatments will use nut or aromatherapy oils. Let your therapist know about any allergies or medical conditions you have.

## Don't Be Embarrassed

Our therapists are highly skilled and trained, Here at Polish We only specialize and waxing is no exception! It is our job to put you at ease and provide you with an amazing wax treatment.

Some women find they are particularly sensitive on the day or two before their period. If this applies to you and it is your first treatment, try scheduling your treatment around this time.



*Waxing*

## BIKINI

### Standard Bikini

The tidy up - removal of hair from outside the panty line

€18

### Californian

The high leg Bikini wax. Suitable for high-cut underwear or swimwear. Removes a thin strip (1-2 finger width) of hair inside and along the top of the bikini line.

€30

### G-String

Everything the Californian has to offer only tighter. Removes hair (2-3 finger width) inside bikini line leaving a thin strip from the front of the bikini onto the lips (labia). all hair is removed from the bum.

€40

### Brazilian

All hair is removed from the lips (labia) and bum leaving either a strip or triangle shape on the front per your preference.

€52

### Hollywood

All hair from the pubic area is removed including the bum.

€55

### Brazilian / Hollywood

Re-book Every 5 Weeks Maintenance Price

€45

### Add Swarovski Crystal gem design

Add half leg to any bikini wax

€10

€20

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